



Rural Support

NORTH CANTERBURY

Rural people,
helping
rural people

The Rural
Support Trust
is here to offer free
and confidential assistance
when times are tough.

We are local farming
people who
understand.

CALL US NOW

0800 787 254

(0800 RURAL HELP)

WWW.RURAL-SUPPORT.ORG.NZ



OUR PURPOSE

To connect individuals and communities in the rural community of North Canterbury with tools and resources to enhance resilience.

HOW WE CAN HELP

Often all you need is someone to talk to. The Trust has trained facilitators who, like you, have faced the challenges rural life brings.

Contact is one-on-one at a place that suits you. We have access to networks and services that can help you navigate your financial and personal challenges. We also work closely with Civil Defence after an adverse climatic event to help you to get back on your feet.

We assist the community in rural North Canterbury whose income is derived from primary industry – farmers, growers, and contractors who service the industry.

We cover the North Canterbury area between the Rakaia River and Ohau Point north of Kaikoura, from the ocean to the main divide, including Banks Peninsula. We also support farmers on the Chatham Islands.


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NEED TO TALK?
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